

AGENDA ITEM 2

LAKE COUNTY COMMUNITY HEALTH CENTER GOVERNING COUNCIL July 28, 2016 Meeting Minutes

1. **Call to Order:** Governing Council Chairperson Robert Tarter thanked everybody for coming and called the meeting to order at 12:09 p.m. at the Health Department, 3010 Grand Avenue Waukegan Board Room.

Members Present

Mallory Bejster
Maria Elena Lara
Dr. James Macrowski
Frederick McConico
Mary Ross-Cunningham
Robert Tarter
Lester Washington

Staff Present

Mark Pfister, MSES, LEHP, Interim Executive Director
Loretta Dorn, RN, MSN, CQM Director of Clinical Operations
Adam Carson, Director of Strategic Initiatives
Jennifer Keel, Executive Assistant of Clinical Operations
Tim Sashko, President of the Board of Health

Members Excused

Cynthia Vargas
Patricia White

Other Staff Present

Jerry Nordstrom, MBA, Director of Business Operations
Omar Cockey, DMD, MPH, Dental Director
Aisya Williamson, MHSA, Associate Director
David McDermott, MPH, Grants Program Manager
Diane Pelli, Business Manager
Leslie Piotrowski, Communications Coordinator
Falguni Shah, Continuous Quality Improvement Coordinator
Laura Schneider, Policy Analyst
Denise Koppit, RN, MPH, Clinical Compliance Manager

2. **Approval of Minutes:**
 - A. **June 23, 2016 Meeting**

Member Washington made the motion to approve the minutes from the June 23, 2016 meeting. Member Bejster seconded the motion. All in favor. None opposed. Motion carried and approved.

3. **Public Comments to the Governing Council:** There were no visitors who spoke at this meeting.

4. **Executive Director's Report:** The Budget Committees of the Governing Council and Board of Health met on July 25th, 2016 to review and approve the Health Department Budget for FY17. The Health Department has stayed consistent with County guidelines. LCHD has adequate cash flow in case we are not paid by the State. Managed Care Organization payments have not been timely.

Interim Executive Director Pfister also wanted to thank Diane Pelli, Clinical Operations Business Manager, for all her hard work on the budget.

Member Bejster made the motion to approve the FY17 Clinical Operations Primary Care budget. Member Ross-Cunningham seconded the motion. Roll Call vote yielded 7 eyes: Bejster, McConico, Tarter, Lara, Ross-Cunningham, Macrowski, and Washington. No nays. The motion carried and was approved.

5. **Items for Approval:** The following items were presented for approval:
 - A. **Scope Change – Addition of Community Action Partnerships of Lake County North Chicago and Wadsworth Head Start locations:** The Lake County Health Department and Community Health Center is adding two new oral health outreach sites to its official scope of project with the Health Resources and Services Administration. The new sites – in North Chicago and Wadsworth – are existing Head Start facilities. LCHD/CHC will go to these

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facilities approximately once per month during the school year to provide oral health screening, fluoride varnishes and oral health education.

Member Ross-Cunningham asked if we are having staff at the sites. Dave McDermott, Grants Program Manager, stated that a Dentist and dental assistant will go to the sites once a month. Chair Tarter asked if approval covers the addition of the sites just annually or will this be blanket coverage going forward. Dave McDermott stated it would be blanket coverage going forward. Member McConico made the motion to approve the scope change addition of Community Action Partnerships of Lake County North Chicago and Wadsworth Head Start locations and Member Bejster seconded the motion. All in favor. None opposed. The motion carried and was approved.

- B. Scope Change – Change in Address for Waukegan Head Start Location:** The Lake County Health Department and Community Health Center is updating the address for its Waukegan Head Start oral health outreach location. This will allow LCHD/CHC to continue to provide oral health services to Waukegan Head Start participants at their new location.

Chair Tarter asked if Head Start in Waukegan was closed. Member Ross-Cunningham stated that they moved to a different site off of S. McAlister from Glen Flora. Chair Tarter asked if this was an additional site. Dave McDermott, Grants Program Manager, stated it was not an additional site, just an address change. Member McConico made the motion to approve the scope change - change in address for Waukegan Head Start and Member Bejster seconded the motion. All in favor. None opposed. The motion carried and was approved.

- 6. Approval of Grants:** There were no grants for approval.

7. Informational Items:

- A. Medication Assisted Treatment Presentation by Susan McKnight, Coordinator of the Substance Abuse Program:** Susan McKnight was invited to the Governing Council meeting to present on Medication Assisted Treatment at the Substance Abuse Program. The updated presentation was made available to all council members at the meeting. Susan discussed that addiction is classified as a disease. No single factor to tell if a person is going to be an addict or not. Drug addiction shares many features with other chronic illnesses. Susan explained dopamine neurotransmitters and how opioids work in the brain. The three types of medication that are used to treat opioid addiction are methadone, suboxone, and vivitrol. All patients of the SAP program must also receive counseling to receive the medication. Opioid addiction is a chronic disease and it cannot be cured, only treated.

Methadone is a synthetic opioid that is used to treat heroin or other opioid addictions. It is dose controlled and prescribed by a doctor. The effects of methadone last longer than other short-term opioids. Patients need to go to the clinic daily when beginning treatment. A person can stay on methadone for a lifetime if they wish. Research shows that patients fair better if they are on methadone at least for two years.

Suboxone is another way to treat addiction. It is a controlled dose, prescribed by a doctor. This medication is injected and last longer in the body than other short-term opiates. Research shows that patients fair better if they are on suboxone for at least six months.

Vivitrol contains naltrexone which works by blocking opiate receptors in the brain and the euphoric effects that opiates elicit. This helps to block cravings. Vivitrol can also be used to treat alcohol addiction. This is also dose controlled, doctor prescribed, and injected into the patient. Patient must be opioid free before beginning this treatment.

Member McConico stated that there are lots of different social factors as to why a person does drugs and why they stop. People need to be responsible for their own behavior. Taking them off of one drug and putting them on another using tax payer's money is wrong. Taking drugs is a choice and saying people cannot be cured is wrong. A person has to want to stop to quit and that with God all things are possible. Susan McKnight stated that yes, people have a personal responsibility but all items in the presentation are fact.

Member Ross-Cunningham stated that she doesn't believe in methadone and does not like tax dollars being spent on methadone. She asked, what are we gaining? She stated she had the jail stop using methadone.

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She also knew a family where the son was taking methadone and street drugs and died. Church and God can cure addiction.

Adam Carson, Director of Strategic Initiatives told the council that treating opioid addiction has become a pressing issue and that as a Health Department we have to meet that need, regardless of beliefs. There has to be multiple ways to treat addiction. Chair Tarter stated that there is a great deal of passion council members on this topic but it was time to move on to the next item on the agenda.

8. Chief Medical Officer's Report: Dr. Robert Saqueton report was attached in the meeting packet. No questions by the council.

A. Approval of Healthcare Practitioner Privileging "Batch #104": The Personnel Committee has reviewed the credentialing and privileging of the following provider and has recommended approval from the Governing Council:

1. *Dr. Uptal Dhruve, Psychiatrist (contractual) hours for our Behavioral Health Program (Grand Ave.)*
2. *Dr. Lynn Barnett, Psychiatrist (contractual) hours for our Behavioral Health Program (Peterson Ave.)*
3. *Edith Wirth, LCPC (full-time) hours for our Mental Health Program (Belvidere Health Center and North Chicago Health Center)*

Member Ross-Cunningham made the motion to accept the credentialing and privileging of the above-mentioned provider. Member McConico seconded the motion. All in favor. None opposed. The motion carried and was approved.

B. Approval of Professional Staff Reappointments: The Personnel Committee has reviewed the reappointments of the following providers and has recommended approval from the Governing Council:

1. *Elizabeth Nodine, MD*

Member Ross-Cunningham made the motion to accept the credentialing and privileging of the above-mentioned provider. Member McConico seconded the motion. All in favor. None opposed. The motion carried and was approved.

9. Dental Director's Report: Dr. Omar Cockey discussed the items included in the Dental Director's report. Dr. Cockey stated that one of the providers at North Chicago will be going to part-time and that a new provider will start at North Shore on August 22, 2016.

10. Director of Finance's Reports: The following reports were included in the packet.

A. FQHC June 30, 2016 – Excess dollars are higher than May. Exceeding budget for Medicare. Managed care are having difficulty processing dual eligible clients. IPHCA is working with the MCOs to get it straightened out. We still have the dollars for the new Zion Health Center. Audit processes are finalized and that Heather Acker, CPA will be coming in September to present to the council. Medicare cost report to be filed on Monday, August 1, 2016.

Chair Tarter stated he does not think there is a need for a new building in Zion. There will be direct competition for dental clients as there are other dental providers in Zion. How many timeslots are there at Zion and how many are full? Don't want us to build a new center just to build and because other sites have new facilities. Chair has concerns and would like it to be on the agenda for next month. Interim Executive Director Mark Pfister stated that he will provide the council with a heat map that shows the need in Zion. The County needs to give LCHD an additional \$1.6 million to help fund the build. They will not give us an answer until after their September 2nd budget meeting. HRSA has provided us with some money towards the new site, but if we do not spend it, the money will go back to HRSA. Currently, the Zion clinic does not offer dental or behavioral health services and with a new building the Zion clinic would be able to provide additional services not being rendered at this time. Looking at current buildings in Zion, but not one large enough. Zion is also one of LCHDs most productive clinics we have. IED Mark Pfister stated that this item will be on next month's agenda and share additional information.

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President of the Board of Health, Tim Sashko stated that he saw the heat map of Zion the night before and that there is a need. The Board of Health supports the building of a new center in Zion. Patient centered medical home is a huge part of this. When you look at the percentage of FQHC users, we are only seeing 30% of the people we could be helping.

Laura Schneider, Policy Analyst stated that the support for adult dental to remain in Medicaid is very strong. Has worked hard and has some assurances that dental coverage will stay with Medicaid. Zion clinic could then provide dental services to Medicaid patients.

11. Reports of Committees: There were no reports at this meeting.

12. Old Business:

- A.** *Chair Tarter wanted an update on phone voting by County Board members. Member Ross-Cunningham stated that you have to write a letter on why you can't attend the meeting. That is was just easier to be marked absent. Can attend by phone but cannot vote. Member Bejster stated that attending by phone counts as towards attendance even though you cannot vote. Chair Tarter stated that we need to concentrate on getting 13 members so this won't be an issue. Interim Executive Director Mark Pfister stated that there was a lot of interest on being on the Governing Council. About 8 people have contacted Jennifer so far but only one has been a patient. A packet has been sent to the interested patient.*

13. New Business: There was no new business at this meeting.

14. EXECUTIVE SESSION: There was no executive session at this meeting.

15. Adjournment And Next Meeting:

Member Ross-Cunningham made the motion to adjourn. Member McConico seconded the motion. All in favor. None opposed. The motion carried. Meeting adjourned at 1:15 p.m.

The next Governing Council meeting will take place Thursday, August 25, 2016 at 12:00 noon at the Health Department Board Room. 3010 Grand Avenue, Waukegan, IL 60085.

Respectfully submitted,

Mallory Bejster, Secretary